Swim Team Registration

Welcome to the 2009 ClubSport Valley Vista Swim Team. Once again we anticipate a great summer, with excellent coaching, a full swim meet schedule, and many fun activities.

This packet contains registration materials and related information.

Registration By Mail:

Please register by mail and save yourself time on registration day.

Registering and paying by mail will allow you to go directly to the parent participation sign up table on registration day.

Your place in line for parent participation will be determined by when your registration was received.

- 1. Complete the attached registration and release form to include all swimmers.
- 2. Attach checks payable to Valley Vista Swim Team for team fees.

<u>Status</u>	Regular Team Fee
Club Member *	\$ 290 per swimmer
Age 15 -18 years	\$ 150 per swimmer
This fee includes	pool usage, coaching, insurance, meet entry fees and trophies.

Multiple swimmer discount – first two swimmers are regular team fee, third swimmer is \$150 regardless of age, and 4th swimmer is free. Any fee questions please call Michelle Sharpes at (925) 296-0450.

There are no refunds after May 15th.

3. Attach checks for: Responsibility Deposit - \$100.00

This will be torn up or returned upon request after parent participation

requirements are completed at the end of the season.

Snack Bar Buy Out - \$40.00 (This is optional you may also sign up for food

donation at registration.)

4. Mail registration form with fees to: Michelle Sharpes

175 Pine Creek Road Walnut Creek, CA 94598

5. Attend registration day at Sports Basement on Thursday, March 12th, 6 pm – 9 pm.

Please note registration is off site. Sports Basement is located at 1881 Ygnacio Valley Rd in Walnut Creek (across from Heather Farms).

- Sign-up for swim meet parent participation (bring your calendar).
- Sign-up for food donations.
- Swim Orders swimmers can be sized for swim suits and order t-shirts, sweatshirts and caps for pick-up at parent meeting on Tuesday, May 12th at 7:00 pm.
- New swimmer evaluation will be held on Sunday, March 15th from 9:00 am until 12:00 at ClubSport Valley Vista Pool. Get your child evaluated for swim team or for our cudas swim program on this day.

6. Attend Mandatory Parent Meeting on Tuesday, May 12th at 7:00pm at Walnut Acres.

This is a mandatory meeting for all new and returning parents. If you do not attend you will incur an additional parent participation credit.

^{*} Club member means that your child must be a member in good standing of ClubSport.

ClubSport Valley Vista Membership

Please call Jim Meese at ClubSport if you have questions regarding membership at 934-4050. Swim team can not answer questions regarding club membership.

Parent Participation:

It takes willing parents to run a swim team. Therefore, each family is required to sign-up for and work parent participation jobs to help run the meets. Parent participation applies to our regular dual meets. In addition to those job credits there are weekend invitational meets, and league/county championship meets that you will have to participate in.

- * 15 18 swimmers and their parents do not have parent participation responsibilities; however they are required to make the snack donations.
- * All Families will be assigned separate parent participation roles for Invitational Meets, City Meet and League Meet.

Communication:

You may also access up to date information on the team at our website: http://www.vvst.com. Please also check the bulletin board on the deck for additional information.

Schedule:

Refer to www.VVST.com for the schedule. The greatest reward comes with working toward a goal. The swim team commitment includes:

- 1. 5-day/week practices
- 2. Home and away swim meets with one other team
- 3. Participation in **Invitational Swim Meets**

Family vacations are great - however, you will always be missed. Please make every attempt to schedule your Vacation around <u>Walnut Creek City Meet (July 11 & 12) and League Meet (August 1</u> & 2). These meets count every swimmer for scores.

Dates to remember:	Registration Day	Thursday, March 12th 6:00 PM
	Cuda/Swim Evaluation	Sunday, March 15 th 9:00 am to noon
	Cuda Program Starts	Monday, April 6th
	Pre Season workout begins	Monday, April 20th
	Mandatory Parent Meeting	Tuesday, May 12 th 7:00 PM
	Time Trials	Sunday, May 17th at 10:00am

Swim Team Questions? Call Michelle Sharpes at (925)296-0450 or email mdsharpes@aol.com Please feel free to call or email with any questions!!

ClubSport Valley Vista Swim Team Registration and Release Form

Last Name:				(Age as	of June 15 th)
First Name/s:	M / F	Birthdate:	Age:	:	_Amt: \$
	M/F	Birthdate:	Age:		_Amt: \$
	M/F	Birthdate:	Age:	:	_Amt: \$
Voluntary Contribution (to d	lefray budget co	sts including	coaches' salaries and	benefits)	Amt: \$
VVST is a 501 © (3) non-p	orofit organizatio	n. Your donat	ion is tax deductible.	Γax ID # 5 0	6-2470433
				Т	Total: \$
Address:					
Parent's Name:			Home Phone:		
			Work Phone:		
			Cell Phone:		
Parent's Name:			Home Phone:		
			Work Phone:		
Family E-Mail:			Cell Phone:		
ramny E-Man.			_		
Physician's Name:			Phone:		
Insurance Company:			_Policy #:		
I am the undersigned parent or guard Team is a non-profit, volunteer yout harmless from any and all injuries we authorize a designated agent of Club as may be deemed necessary. I here Additionally, I agree to hold the own which may be incurred by my child/ I understand that each family is requested that each family is requested which my child participates.	th sports program which may be incompleted by Sport Valley Visby give permissing agents and while are to perform paired to perform programs.	n, and I agree to the control of the	o hold the organization hild/children while attent to seek medical attent d/children to attend all the Club, or not include wim team activity. pation roles througho	, coaches, nding any stion on beh swim tean ed, harmles	associates, and agents swim team function. I half of my child/children activities. s from any or all injuries son and that number mag
I agree to be bound by all the rules a a member.	and policies of th	e ClubSport V	alley Vista Swim Tean	n and the o	rganization of which it is
Signature of Parent or Guardian		Dat	e		
ClubSport Valley Vista Member? (Child must be a member in good					
		(Office use of		•••••	
Number of swimmers under 15 ye Number of swimmers 15 and over	ars old: :				
Amount due:	Amount paid: _		Check #:		

\$100 parent participation deposit: Yes / No \$40 Snack Bar Buyout: Yes / No

Cuda Program Registration and Release Form

The Cuda Program is a program to develop young swimmers over a five-week period. The children are put in small groups by ability and progress through swim skills according to that ability. At the end of the 5 weeks, most of the kids can move to the swim team safely. The Cuda program will run from Monday, April 6th through Friday May 15th (There will be no classes Spring Break April 13th to 17th). There will be two sessions offered: 3:30 p.m. - 3:55 p.m. and 4:05 to 4:30 p.m. Priority is given to siblings of swim team members and from there it is on a first come first serve basis.

Your child will be evaluated and, based on each child's ability, a recommendation on whether Cudas is appropriate will be made. Swim evaluations will be done on Sunday, March 15th from 9:00 am until 12:00 at ClubSport Valley Vista pool.

\$175 Club Sport Me	\$175 Club Sport Members		Club Sport Members
If you are interested in signing up your ch payment to the swim evaluation on March If the balance of Cudas is not paid in full l credit toward swim team. For any questions, call BJ Henry at (925)	n 15 th from 9:00 ar by the first day you	n until noon at the ClubSp	ort Valley Vista Pool.
Last Name:			
First Name/s:	M/F Bir	thdate:	Age:
	M / F Birthdate:		Age:
	M/F Bir	thdate:	Age:
Address:			
Parent's Name:		Home Phone:	
Email address:		Work Phone:	
Parent's Name:		Home Phone:	
Email address:		Work Phone:	
Physician's Name:		Phone:	
Insurance Company:		Policy #:	
I am the undersigned parent or guardian of the profit, volunteer youth sports program, and hinjuries which may be incurred by my child/Valley Vista Swim Team to seek medical attering the child/children to attend all swim team included, harmless from any or all injuries, where the children is the children to attend all swim team included, harmless from any or all injuries, where the children is the children included.	agree to hold the or children while atten tention on behalf of a activities. Addition which may be incurr	ganization, coaches, associating any swim team function my child/children as may be nally, I agree to hold the owed by my child/children white	ates, and agents harmless from any and all n. I authorize a designated agent of ClubSp deemed necessary. I hereby give permissioners, agents and employees of the Club, or ite attending any swim team activity.
I agree to be bound by all the rules and police	ies of the ClubSpor	t Valley Vista Swim Team a	nd the organization of which it is a membe
Signature of Parent or Guardian		Date	
ClubSport Valley Vista Member? Yes (<u>Child</u> must be a member in good star	nding of ClubSpo	-	on yes)
		fice use only)	
Number of swimmers:		3/	
Swimming AbilityAmount Due:	Amount pai	<u>d.</u> С	heck #: